

Rancho Cordova Police Activities League

Phone (916) 875-9627

Please complete and mail this form to:

Capital Road Race Management

PO Box 19027, Sacramento CA 95819

# Registration Form – December 10, 2011, Village Green Park

FIRST NAME: \_\_\_\_\_

LAST NAME: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

AGE: \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

Child T-Shirt Size: Small / Med / Large (Circle one)

Adult T-SHIRTS: SMALL / MED / LARGE / X-LARGE / XX-LARGE (Circle one)



## RACE YOU ARE ENTERING

\$10 Youth: ¼ mile / ½ mile / 1.2 mile / 5k / 10k (Circle one)

\$20 1.2 Adult walk/run

\$25 5k Adult walk/run

\$25 10k adult walk/run

Do you want your race timed? Yes / No (Circle one)

I ACKNOWLEDGE THE FOLLOWING TERMS REQUIRED FOR REGISTRATION:

**Liability and Publicity release:** I am aware that walking or running a road race is a potentially hazardous activity and that I am voluntarily participating in this activity with the knowledge of the hazards involved, and agree to assume any and all risks of bodily injury, death, or property damage. If this registration is for a minor, I acknowledge that I am the responsible party on behalf of the minor and agree to all the same terms and conditions of liability and publicity release. In consideration for acceptance of my entry to participate, I agree that I, my assignees, heirs, distributees, guardians, next of kin, spouse and legal representatives will not make a claim against, sue, or attach the property of The City of Rancho Cordova, the Rancho Cordova Police Department, the Rancho Cordova Police Activities League, their representatives and any of their affiliated organizations, Sponsors or volunteers, for injury or damage resulting from the negligence or other acts, however caused. I grant permission for the use of any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose. I attest that I am physically fit and sufficiently trained for this competition, and that I can safely complete the race.

**BY SIGNING THIS I ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS WAIVER AND RELEASE AND UNDERSTAND IT IS A CONTRACT AND RELEASE OF LIABILITY.**

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE